

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: ZALM

Coachinfo: Warming up from: 17:00 untill 17:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moers Greet

Coaches: Moers Liesbet

Coaches: Van Dyck Hanne

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:00
Heat: 2/16 Lane : 2 Athlete: DAAN BASTIAENS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:00
Heat: 2/16 Lane : 5 Athlete: BERVOETS FELIX			Q-time: 00:42:22
PB (50m pool): no time PB (25m pool): 00:42.22 SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+			Heat:3, starttime: 18:05
Heat: 3/16 Lane : 9 Athlete: DECLERCK BRIEK			Q-time: 00:40:90
PB (50m pool): no time PB (25m pool): 00:45.04 SB: no time			
PB	5 0 M		
	no time		
	no time		
			

Coach feedback:

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Event number: 1: 50M FREESTYLE MEN 11+		Heat:4, starttime: 18:05
Heat: 4/16 Lane : 6 Athlete: DECLERCK WANNE		Q-time: 00:34:84
PB (50m pool): 00:42.51 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:34.84 SB: no time		
	5 0 M	
PB	00:42.51	
	00:42.51	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:5, starttime: 18:05
Heat: 5/16 Lane : 4 Athlete: REYNIERS MATTEO		Q-time: 00:31:86
PB (50m pool): 00:31.86 Antwerpen 13/07/2025 PB (25m pool): 00:31.93 SB: no time		
	5 0 M	
PB	00:31.86	
	00:31.86	
		

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+		Heat:8, starttime: 18:10
Heat: 8/16 Lane : 3 Athlete: MARINUS BAS		Q-time: 00:29:14
PB (50m pool): 00:27.90 Antwerpen 15/03/2026 PB (25m pool): 00:27.19 SB: 00:27.90 Antwerpen 15/03/2026		
	5 0 M	
PB	00:27.90	
	00:27.90	
		

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+		Heat:2, starttime: 18:20
Heat: 2/15 Lane : 0 Athlete: GIEDTS MIRTHE		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 18:20
Heat: 5/15 Lane : 1 Athlete: HOLSTERS MAURA			Q-time: 00:35:60
PB (50m pool): 00:35.00 Zwembad Brigitte Becue Oostend 10/05/2025 PB (25m pool): 00:34.04 SB: no time			
	5 0 M		
PB	00:35.00		
	00:35.00		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:9, starttime: 18:25
Heat: 9/15 Lane : 9 Athlete: VAN ASSCHE FIEN			Q-time: 00:31:59
PB (50m pool): 00:31.59 Antwerp 02/02/2025 PB (25m pool): 00:30.62 SB: no time			
	5 0 M		
PB	00:31.59		
	00:31.59		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:35
Heat: 1/11 Lane : 3 Athlete: DAAN BASTIAENS			Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:35
Heat: 1/11 Lane : 4 Athlete: BERVOETS FELIX			Q-time: 00:56:56
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE MEN 11+		Heat:2, starttime: 18:35
Heat: 2/11 Lane : 3 Athlete: DECLERCK WANNE		Q-time: 00:44:01
PB (50m pool): no time		PB (25m pool): 00:44.01 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+		Heat:2, starttime: 18:35
Heat: 2/11 Lane : 8 Athlete: DECLERCK BRIEK		Q-time: 00:49:59
PB (50m pool): no time		PB (25m pool): 00:48.60 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+		Heat:3, starttime: 18:35
Heat: 3/11 Lane : 6 Athlete: REYNIERS MATTEO		Q-time: 00:41:10
PB (50m pool): 00:38.78 Wezenberg 01/02/2026		PB (25m pool): 00:39.08 SB: 00:38.78 Wezenberg 01/02/2026
	5 0 M	
PB	00:38.78	
	00:38.78	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+		Heat:6, starttime: 18:40
Heat: 6/11 Lane : 1 Athlete: MARINUS BAS		Q-time: 00:35:41
PB (50m pool): 00:34.28 Antwerpen 15/03/2026		PB (25m pool): 00:34.69 SB: 00:34.28 Antwerpen 15/03/2026
	5 0 M	
PB	00:34.28	
	00:34.28	
		

Coach feedback:

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Event number: 4: 50M BACKSTROKE WOMEN 11+		Heat:1, starttime: 18:45
Heat: 1/10 Lane : 7 Athlete: GIEDTS MIRTHE		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 00:47.36 SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+		Heat:6, starttime: 18:55
Heat: 6/10 Lane : 9 Athlete: VAN ASSCHE FIEN		Q-time: 00:37:34
PB (50m pool): 00:38.76 Wezenberg 03/01/2026 PB (25m pool): 00:37.34 SB: 00:38.76 Wezenberg 03/01/2026		
	5 0 M	
PB	00:38.76	
	00:38.76	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:1, starttime: 19:15
Heat: 1/11 Lane : 6 Athlete: DECLERCK BRIEK		Q-time: 00:48:93
PB (50m pool): 00:42.17 Antwerpen 15/03/2026 PB (25m pool): 00:43.67 SB: 00:42.17 Antwerpen 15/03/2026		
	5 0 M	
PB	00:42.17	
	00:42.17	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:1, starttime: 19:15
Heat: 1/11 Lane : 7 Athlete: DAAN BASTIAENS		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 5: 50M BUTTERFLY MEN 11+		Heat:1, starttime: 19:15
Heat: 1/11 Lane : 8 Athlete: DECLERCK WANNE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:2, starttime: 19:15
Heat: 2/11 Lane : 6 Athlete: REYNIERS MATTEO		Q-time: 00:37:91
PB (50m pool): 00:36.89 Wezenberg 01/02/2026		PB (25m pool): 00:37.80 SB: 00:36.89 Wezenberg 01/02/2026
	5 0 M	
PB	00:36.89	
	00:36.89	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+		Heat:6, starttime: 19:20
Heat: 6/11 Lane : 1 Athlete: MARINUS BAS		Q-time: 00:31:65
PB (50m pool): 00:29.88 Antwerpen 15/03/2026		PB (25m pool): 00:30.06 SB: 00:29.88 Antwerpen 15/03/2026
	5 0 M	
PB	00:29.88	
	00:29.88	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:2, starttime: 19:30
Heat: 2/12 Lane : 8 Athlete: GIEDTS MIRTHE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:4, starttime: 19:30
Heat: 4/12 Lane : 9 Athlete: HOLSTERS MAURA		Q-time: 00:41:83
PB (50m pool): 00:40.00 Antwerp 04/02/2024 PB (25m pool): 00:39.67 SB: no time		
	5 0 M	
PB	00:40.00	
	00:40.00	
		

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:8, starttime: 19:35
Heat: 8/12 Lane : 9 Athlete: VAN ASSCHE FIEN		Q-time: 00:34:15
PB (50m pool): 00:32.86 Antwerpen 15/03/2026 PB (25m pool): 00:32.69 SB: 00:32.86 Antwerpen 15/03/2026		
	5 0 M	
PB	00:32.86	
	00:32.86	
		

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+		Heat:1, starttime: 19:40
Heat: 1/9 Lane : 6 Athlete: DECLERCK BRIEK		Q-time: 00:57:17
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+		Heat:1, starttime: 19:40
Heat: 1/9 Lane : 8 Athlete: DAAN BASTIAENS		Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time		
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+		Heat:2, starttime: 19:40
Heat: 2/9 Lane : 2 Athlete: BERVOETS FELIX		Q-time: 00:50:52
PB (50m pool): no time		PB (25m pool): 00:50.52 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+		Heat:3, starttime: 19:45
Heat: 3/9 Lane : 1 Athlete: DECLERCK WANNE		Q-time: 00:46:26
PB (50m pool): 00:42.66 Antwerpen 15/03/2026		PB (25m pool): 00:45.49 SB: 00:42.66 Antwerpen 15/03/2026
	5 0 M	
PB	00:42.66	
	00:42.66	
		

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+		Heat:6, starttime: 19:45
Heat: 6/9 Lane : 1 Athlete: MARINUS BAS		Q-time: 00:36:43
PB (50m pool): 00:35.73 Antwerpen 15/03/2026		PB (25m pool): 00:36.10 SB: 00:35.73 Antwerpen 15/03/2026
	5 0 M	
PB	00:35.73	
	00:35.73	
		

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+		Heat:1, starttime: 19:50
Heat: 1/10 Lane : 5 Athlete: GIEDTS MIRTHE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 00:52.54 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

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Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 20:00
Heat: 6/10 Lane : 4 Athlete: HOLSTERS MAURA			Q-time: 00:42:38
PB (50m pool): 00:42.38 Antwerp 02/02/2025			PB (25m pool): 00:41.53 SB: no time
	5 0 M		
PB	00:42.38		
	00:42.38		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 20:00
Heat: 7/10 Lane : 1 Athlete: VAN ASSCHE FIEN			Q-time: 00:41:70
PB (50m pool): 00:42.57 Antwerpen 15/03/2026			PB (25m pool): 00:41.63 SB: 00:42.57 Antwerpen 15/03/2026
	5 0 M		
PB	00:42.57		
	00:42.57		
			

Coach feedback: